

**We Rock the Spectrum  
Tampa**

I am going to the We Rock the Spectrum  
Gym!



I bring snacks and a drink from home.



I arrive at the gym and say hi to Michelle!



To play, I need to take off my shoes. I can be barefoot or wear my socks.



At the gym I can swing, jump, run, and climb!



There are adults at the gym help me learn how to use the equipment.



Mom or Dad can go on the trampoline with me!

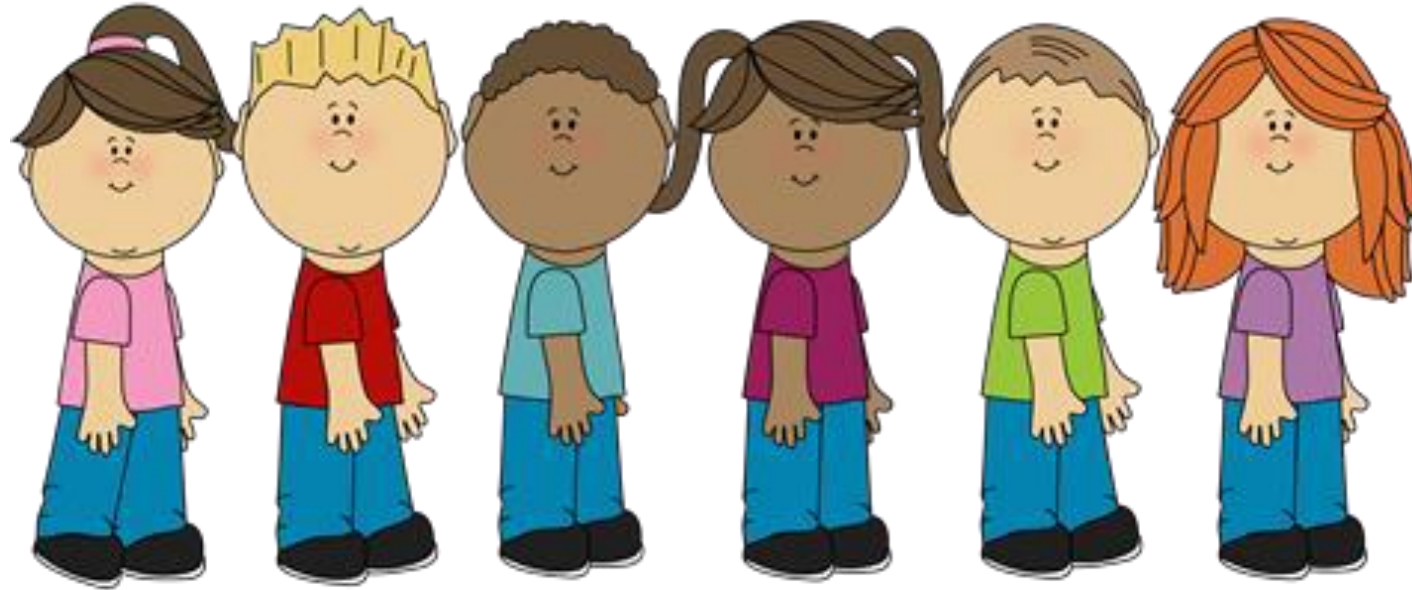




There are other children playing and when it is noisy I can go to the quiet space.



I might need to be patient and wait my turn to use the equipment.



When I want to take a break there is a table where I can color or play with toys.



The gym also has a bathroom  
and a water fountain that I can  
use.



I had fun at the gym and I tried new things!

